



Subject	Health and Social Care		
Title/Topic	Format	Length	Date & Time
Unit 1: Human Lifespan Development	Written paper	60 minutes	Thu 2 March 9.00am – 10.00am

My Advent assessment will test my knowledge on...

Learning Aim A

Growth and development

Physical development aspects across all life stages

- Gross and fine motor skills
- Primary and secondary sexual characteristics
- Sexual hormones
- Perimenopause
- The menopause
- Effects of ageing

Intellectual development across all life stages

- Piaget's model
- Cognitive development
- Schemas
- Tests of conservation
- Chomsky's LAD

Emotional development across all life stages

- Attachment
- Theories of attachment (Bowlby)
- Self-concept/self-image/self-esteem

Social development across all life stages

- Stages of play
- Friendship groups/peer pressure
- Independence through life stages

Learning Aim B



Nature/nurture

- Gesell's maturation theory
- Bandura's social learning theory
- Stress-diathesis

Genetic factors affecting development

Environmental factors affecting development

- Pollution
- Housing conditions
- Access to health and social care services

Social factors affecting development

- Family dysfunction
- Bullying
- Culture, religion and beliefs

What should I do to revise and prepare for this assessment?

To prepare for this assessment:

1. Use notes in exercise book
2. Read feedback in exercise book from exam questions
3. Use the student book 1 textbook
4. Health and Social Care revision workbook
5. Health and Social Care revision guide

What useful websites/resources could I use to help me prepare?

Exercise Book
Revision Workbook
Revision Guide