



Subject	Psychology		
Title/Topic	Format	Length	Date
Paper 1 - Introductory topics in Psychology	Written	1 hour	12E – 12th June 2023 Mrs Betts Lesson 12G – 12th June 2023 Mrs Vaghadia's lesson

This assessment will test my knowledge on...

The focus of this assessment will be on the memory topic largely and elements of psychopathology.

The main focus will be on memory, so it is important you go over the memory topic really well. As we only started psychopathology the assessment will only cover what we get up before your assessment.

What has been outlined for memory is everything you have covered however for psychological problems you will be informed what not to revise prior to the assessment.



What should I do to revise and prepare for this assessment?

To prepare for this assessment you need to revise the following sections:-

Memory:-

- The multi-store model of memory: sensory register, short-term memory and long-term memory. Features of each store: coding, capacity and duration.
- Types of long-term memory: episodic, semantic, procedural.
- The working memory model: central executive, phonological loop, visuo-spatial sketchpad and episodic buffer. Features of the model: coding and capacity.
- Explanations for forgetting: proactive and retroactive interference and retrieval failure due to absence of cues.
- Factors affecting the accuracy of eyewitness testimony: misleading information, including leading questions and post-event discussion; anxiety.
- Improving the accuracy of eyewitness testimony, including the use of the cognitive interview.

Psychopathology: -

- Definitions of abnormality, including deviation from social norms, failure to function adequately, statistical infrequency and deviation from ideal mental health.
- The behavioural, emotional and cognitive characteristics of phobias, depression and obsessive-compulsive disorder (OCD).
- The behavioural approach to explaining and treating phobias: the two-process model, including classical and operant conditioning; systematic desensitisation, including relaxation and use of hierarchy; flooding.

What useful websites/resources could I use to help me prepare?

Please use the following resources to help you prepare: -

- Your class notes
- Exam prep booklets
- Topic booklets
- Assessment mats for specific subtopics
- Tutor2u website
- YouTube – Tutor2u subject revision