

De Lisle College

Pentecost Assessment Information

Year 7

June 2023

Pentecost Assessment Information

At De Lisle, students have key formal assessments on two occasions during the academic year. The assessment windows take place at the following times:

Advent Term—14 November – 9 December **Pentecost Term**— 5 June – 23 June

Formal assessment can look very different in each subject, and that is why we are providing you and your child with the information in this booklet so that you can better understand what these assessments will look like, when they will take place and most importantly, how best to revise and prepare. We hope you find this information useful, and we encourage you to discuss this document with your child so that they can plan their preparation for these assessments. Evidence has shown that

These formal assessments are not just about getting a grade. We want students to engage closely with feedback, thinking 'what do I know well?' and 'what do I now need to do to improve?'. By thinking in this way, it will help them to develop their knowledge in the longer term. To aid this process, students will be provided with question level analysis (QLA) feedback.

Outlined below is guidance on what will be covered in each subject. Please contact your child's subject teacher if you need further help. On our website you will find pages for each subject listing the same guidance and providing links to the supporting resources. You can also find here an outline of the curriculum for the year in each subject.

https://www.delisle.org.uk/4087/year-7

Following the conclusion of these assessments, parents will receive a summary report of students' performance at the end of the term. This will be in the format of an online report on go4schools. On go4schools throughout the year you can also find further information on students' performance in lower stakes assessments in each subject.

The table below summarises which week the assessments will take place in each subject. The class teacher will inform the child of the exact lesson(s) in which the assessment will be and this should be recorded on Show My Homework.

Week Commencing	5 June		12 June		19 June	
Subjects	Religious Education English Science	Mandarin (part in w/c 22 May) Spanish Music*	Religious Education Science History (essay in w/c 22 May)	Computer Science* French Music*	Mathematics Geography Computer Science*	French Spanish Music*
On-going practical assessment		Art, Design & Technology, Physical Education				

^{*} check Satchel One for the exact lesson your assessment will take place

Key Stage 3 Grading System

In Key Stage 3 at De Lisle, students' attainment will be determined by a standardised scoring system. Each assessment will provide a 'raw score', that is their score out of a given total on the assessment. A statistical process is used to convert the raw score into a standardised score for each student. Standardised scores range from 1-100, and indicate the position of each student with the year group.

Students will no longer be graded on a 9-1 scale. Now the standardised score will be used to assign a quintile grade to each student with the highest grade now being a 5 which indicates they are in the top 20% of the year group. The full details are explained in this table:

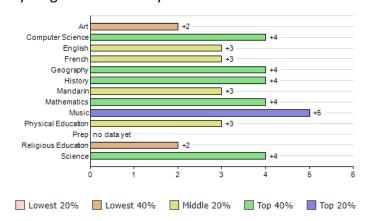
Grade	Standardised Score	Rank Position in Year at De Lisle
5	80 – 100	In the top 20% of students
4	60 – 80	In the top 40% of students
3	40 – 60	In the middle 20% of students
2	20 – 40	In the lowest 40% of students
1	1 – 20	In the lowest 20% of students

The advantages of using the standardised scoring system are:

- It provides a clear picture of how your child is performing in each subject compared to their peers.
- > It allows your child to track their progress in each subject across the year and through Key Stage 3 more closely.
- > It allows for comparisons of your child's performance to be made between subjects.

At each of the two assessment points your child will be provided with their grade and standardised score in each subject. On Go4schools, your child's page will now show you an attainment chart. This will easily allow you to see how they have performed across their different subjects based on their 5-1 grades.

Each student has been assigned a Prior Attainment Grade. This grade provides an indicator as to where your child was positioned in the year group at the end of Key Stage 2. It is based on a combined score of their maths and English.



Formative 'Low Stakes' Assessments

Across the year, students will also complete frequent low stakes assessments in lessons. These are designed to test students understanding of specific topics so that deficits in knowledge can be addressed. Some of these assessments are recorded on go4schools so students can see their strengths and weaknesses. These assessments are not graded, as their purpose is diagnostic. Instead, they will be recorded as a percentage score, or using a red, amber, green (R/A/G) system to keep the focus on the specific areas to develop.

Year 7 – Pentecost Assessments 2023



Subject	English			
Title/Topic		Format	Length	Week Commencing
Paper 1 – Poetry		Essay	45 minutes	5 June
Paper 2 – M	lastery Writing	Multiple choice quiz	45 minutes	5 June

This assessment will test my knowledge on...

- My understanding of the poems I have studied
- How to analyse a poem
- How to write clearly and coherently
- How metaphors are used to create meaning
- How to use language and punctuation accurately
- How to use language and punctuation for impact



To prepare for this assessment:

- 1. Re-read your poetry anthology and the annotations you have made
- 2. Complete the preparation lessons with your teacher
- 3. Practise writing about poetry using the structure your English teacher has shown you
- 4. Make sure you understand what a metaphor is and why we use them
- 5. Read your MW1 or MW2 booklet to revise the grammar rules we have learnt

What useful websites/resources could I use to help me prepare?

- Poetry booklet
- Mastery Writing booklet
- https://www.bbc.co.uk/bitesize/topics/z4jf6g8/articles/zntjqp3



Subject	Mathematics				
Title/Topic		Format	Length	Date	
Paper 1 – Non Calculator		Written Exam	45 minutes	Tue 20 June	
Paper 2 – Calculator		Written Exam	45 minutes	Wed 21 June (Y) Thu 22 June (X)	
Paper 3 – Calculator		Written Exam	45 minutes	Thu 22 June (Y) Fri 23 June (X)	
Paper 4 – MCQ Non Calculator		Multiple Choice Test	45 minutes	Tue 27 June	

You will sit **four assessment papers** for your end of year assessments. Each assessment will be of equal challenge but they will progress in difficulty through the paper. They will test you on your understanding of the concepts studied so far in Year 7 which build upon your study in primary school. The **core concepts** you will be tested on are listed below, but questions may draw on any content we have covered so far in Year 7.

- Identify linear and non-linear sequences
- Understand the basics of algebraic notation and how to solve problems using inverse operations
- Understand equality and equivalence to solve equations and simplify expressions by collecting like terms
- Order numbers using place value and be able to round to different degrees of accuracy
- Convert fluently between fractions, decimals & percentages
- Use addition and subtraction fluently in a range of different contexts
- **Multiply and divide** numbers without a calculator, find the mean of a set of values and find the areas of different shapes
- Find the fraction and percentage of amounts
- Calculate with **directed (negative) number** in numeric and algebraic contexts
- Add and subtract with fractions including with mixed numbers and improper fractions
- Measure angles, recognise different shapes and draw constructions of triangles
- Use geometric reasoning with basic angle facts to explore different shapes and parallel lines
- Represent data in Venn diagrams using set notation to explore probability



To prepare for this assessment:

- 1. Look back at the question level analysis feedback from your Advent assessment on go4schools to see which topics you did well on and which need your attention.
- 2. Work through, complete and self-mark the questions in your **End of Year Revision Booklet**. Use this to diagnose the units you need to focus your revision on
- 3. Complete the **practice assessment** and self-mark (or ask a parent to do it for you)
- 4. Once you have diagnosed the topics with which you want to do further practice, use the **Sparx codes sheet to access the independent learning tasks** for those topics. You can practice questions and watch the supporting videos to help you. Once you have revised each topic, tick them off as completed on your list.
- 5. Use look, cover, check using the **knowledge organisers** in the back of your revision workbook.
- 6. Review the results from your unit **knowledge check assessments** at the back of your workbooks and revisit the small steps for which you have weakness.
- 7. You should **re-watch the lesson videos** for your identified weaknesses and try the worksheet and check it questions.

What useful websites/resources could I use to help me prepare?

You can access all the resources from this academic year here:

https://www.delisle.org.uk/3239/year-7-maths-advent https://www.delisle.org.uk/4424/year-7-maths-lent https://www.delisle.org.uk/4482/year-7-maths-pentecost

You can use Sparx Revision List located in your revision workbook to pick out topics on independent learning on Sparx that could help you with your revision. You will also find the knowledge organisers at the back of your unit workbooks and in the revision booklet.

www.sparxmaths.uk/student

If you have purchased one, you could practise more questions from the Year 7 course text book.



Subject Religious Education				
Title/Top	oic	Format	Length	Week Commencing
Paper 1		Multiple choice questions and short written answers	45 minutes	5 June
Paper 2		Extended writing task	45 minutes	12 June

Paper 1

You will have 20 multi choice questions based on the content in the essential knowledge documents.

You will then have 5 questions to answer. Each question requires two short paragraphs, at least and will be drawn from the topics we have covered:

Who was Jesus?

- Key beliefs about Jesus.
- How these key beliefs are expressed.

What are Christians?

- Key beliefs held by all Christians.
- How and why Christians live their lives as followers of Jesus.

Prayer and Worship in Christianity

- Key beliefs about prayer and the different types of prayer.
- The importance of the sacraments in Catholic life.

We are wonderfully made.

- The beliefs about creation expressed in the Bible and Catholic understanding of these teachings.
- Human responsibilities to creation.

Year 7 – Pentecost Assessments 2023



Paper 2

You will have one piece of extended writing to do based on the module "We are wonderfully made."

- Make sure you have studied the creation stories very carefully and have clear ideas on the key themes that come out of the creation stories.

What should I do to revise and prepare for this assessment?

To prepare for this assessment:

- 1. Use the information on this sheet to organise your notes.
- 2. Use strategies such as making a mind map or using flash cards to revise the material you need to revise.
- 3. Ask someone to quiz you on this material or use look, cover, write, check to prepare.
- 4. Practice writing good paragraphs on the material you're revising. Make sure you use topic sentences, supporting information and concluding sentences.

What useful websites/resources could I use to help me prepare?

Use your handbooks and exercise book, as well as the key knowledge sheets given to you by your teacher.



Subject Science			
Title/Topic	Format	Length	Date
Paper 1 – Biology	written and multiple choice	45 minutes	6 - 8 June
Paper 2 – Chemistry	written and multiple choice	45 minutes	9 - 14 June
Paper 3 – Physics	written and multiple choice	45 minutes	13 - 16 June

Biology

- Organisation of living things
- Nutrition and digestion
- Life

Chemistry

- Atomic structure and the periodic table
- Pure substances and mixtures
- Chromatography
- Chemical reactions
- · Burning fuels

Physics

- Energy and matter
- Forces
- Space

What should I do to revise and prepare for this assessment?

To prepare for this assessment:

Firstly, use self-testing to check knowledge recall e.g. knowledge organisers from the backs of booklets. This can be expanded on using revision guides (if available) & BBC Bitesize.

Try to summarise learning by constructing sentences focussed on key words, creating flash cards and making mind maps. These will help you organise your thoughts and develop links between different topics.

Use the crucial learning booklet on SMHW to learn key facts.

Year 7 – Pentecost Assessments 2023



What useful websites/resources could I use to help me prepare?

Use your knowledge booklets – all available on SMHW

Use KS3 Science - BBC Bitesize

Use the crucial learning booklets – available on SMHW



Subject	Geography				
Title	Format	Length	Week Commencing		
Paper 1	 This paper will include 4 sections: Key geography skills What is an economy? The paper will include multiple choice, 2-4-mark questions and an extended writing question. Paper total 50 marks 	45 minutes	19 June		
Paper 2	 Weather and climate River processes The paper will include multiple choice, 2-4-mark questions and an extended writing question. Paper total 50 marks 	45 minutes	19 June		

What is a geographer (geography skills)?

- Location of world's continents and oceans
- Four and six figure grid references
- Read longitude and latitude coordinates on a map
- What is fieldwork and why it is in important in geography?

What is an economy?

- Define economy
- Identify different employment sectors with examples
- Physical and human factors that make a good site for high tech industries
- Define globalisation
- How containerisation has accelerated globalisation

Weather and climate

- Define climate
- Describe relief, frontal and convectional rainfall
- Weather linked to high- and low-pressure systems
- Describe what the UK climate
- Explain the greenhouse effect

River processes

- Define erosion
- Explain the four types of erosion- hydraulic action, attrition, abrasion and solution
- Name and explain a river landform- v-shaped valley and waterfalls



To prepare for this assessment:

- 1. Read through your knowledge organisers. Similar to how you would practice your spellings, **look, cover, check.**
- 2. Read through KS3 BBC Bitesize and attempt the quiz on each topic area
- 3. Read through your exercise books and create revision spider diagrams of key terminology and ideas
- 4. You should re-watch the lesson video for your identified weaknesses and try the worksheet and check it questions.
- 5. Use the Oak Academy resources to watch videos on geography skills. Attempt quizzes following the link.

What useful websites/resources could I use to help me prepare?

Revision guide pages=

- 1. Geography skills- p1, p151(questions p155)
- 2. Economy- p103-5
- 3. Weather and climate- p42-43
- 4. River processes- p55-57

Globalisation- https://www.bbc.co.uk/bitesize/guides/zrycwmn/revision/1

Climate- https://www.bbc.co.uk/bitesize/guides/zt6sfg8/revision/2
Rivers- https://www.bbc.co.uk/bitesize/guides/zq2b9qt/revision/1



Subject	History			
Title/Topic		Format	Length	Week Commencing
Paper 1 – Why did people go on Crusade, was it for 'God, Glory or Greed'?		Essay	45 minutes	22 May
Paper 2 – Kr	nowledge test	Multiple choice	45 minutes	12 June

- Recall test will test your knowledge on the following topics:
- The Anglo-Saxon Age—Including the The Viking invasions, Alfred the Great, Anglo-Saxon Golden Age
- The Normans inc: the events of 1066, Reigns of William I, William II and Henry I and the Anarchy
- The Middle Ages inc: The Medieval Kings Henry II, Edward I, Henry V and John, Medieval life including village life, the church and Crime and Punishment
- The Crusades inc: why people went, the Islamic World, the Crusader states, the failure of the Crusades.
- Construct an essay to answer the question
- We will be looking for the following features: Why did people go on Crusade, was it for 'God, Glory or Greed'?
- o An introduction which: explains the question, and makes an argument.
- o Paragraphs which answer the question (A.T.Q) in the first and last sentence.
- o Paragraphs which stick to the point (S.T.P).
- o A conclusion which powerfully restates your argument.
- o Detail which is relevant, specific and accurate.
- o Lots of explanation developing that detail 'so what?'
- Accurate spelling check your work.
- Accurate punctuation and grammar check your work.
- Sentences which are short, clear and make sense.
- Sustained judgement throughout your essay.



To prepare for this assessment:

- 1. Ensure that your essay planning sheet that you start in class is fully completed.
- 2. Ensure that all reading tasks in your prep booklet have been completed.
- 3. Learn all the questions in your prep booklet knowledge organiser on the Anglo-Saxons, The Normans, The Middle Ages and the Crusades using look, cover, write, check.
- 4. Read over notes from each lesson and consolidate learning by writing summary paragraphs.

What useful websites/resources could I use to help me prepare?

- Knowledge organisers
- o https://www.bbc.co.uk/bitesize
- o https://www.thenational.academy/



Subject	Computer Science			
Title/Topic Format Len			Length	Week Commencing
Year 7 EOY	Assessment – All units	On-screen MCQ	45 minutes	12 June or 19 June

From Unit 7.1 -

- Identify examples of different "computer systems"
- Identify the main components of a "computer"
- State the purpose of different components
- Classify hardware appropriately either Input or Output
- Select appropriate devices for a purpose
- Understand the relationship between hardware and software
- Identify the main features of an Operating System
- Select appropriate software for a task

From Unit 7.2 - Python Programming

- Use the Print() command to display message
- Use the Input() command to read in data
- Create and use variables in a program to store data
- Perform calculations in Python + , , / , *
- Use IF statements to make decisions in a program
- Use FOR loops to repeat instructions
- Follow and understand a flowchart
- Answer questions about sample Python code
- Complete a program by filling in missing code

From Unit 7.3 - Staying Safe and Secure

- Identify online risks and ways to stay safe
- Identify biased or unreliable information
- Describe the purpose of the Data Protection Act
- Describe the purpose of the Copyright Designs and Patents Act
- Describe the purpose of the Computer Misuse Act
- Identify the benefits and drawbacks associated with email and other digital communication methods



Select appropriate key words for performing online searches

What should I do to revise and prepare for this assessment?

To prepare for this assessment:

- 1. Carry out the revision activity set by your teacher to create a revision diagram or notes page.
- 2. Look back through each lesson in your booklet and refresh your memory of the content covered. Make notes and practice writing out key points.
- 3. Look back at the programs you made on Repl.it and familiarise yourself with Python
- 4. Use look, cover, check using the knowledge organisers on the back of your Unit workbooks.

What useful websites/resources could I use to help me prepare?

You can access all the resources for each unit here:

https://delislecollege-

my.sharepoint.com/:f:/g/personal/matthew jackson delisle leics sch uk/EhZ6SEjGs5VPqWzpOY8gcN4Bh njOkCpcz-ToB1Gkk0jlw?e=7WRH6J



Subject	French			
Title/Topic		Format	Length	Week Commencing
Paper 1 – Speaking		Spoken conversation	5 minutes	19 June
Paper 2 – W into French	riting and translation	Written paper	45 minutes	12 June

Speaking

1. Respond to a range of questions on the topics covered this year;

Unit 1: Introduction to French

Unit 2: Me and my family

Unit 3: Sport

Your teacher will prepare a range of speaking questions with you in lessons. You must use your preparation to practise answering questions, giving as much detail as possible in your answers.

Writing and translation into French

- 1. Write four sentences to describe a photo
- 2. Translate verbs accurately into French
- 3. Translate sentences accurately into French
- 4. Write a paragraph in French

The writing and translation tasks will be based on the topics covered so far this year;

Unit 1: Introduction to French

Unit 2: Me and my family

Unit 3: Sport



To prepare for this assessment:

Speaking

- 1. Revise the speaking answers you have prepared.
- 2. Use your knowledge organisers to revise and practise saying complex phrases, connectives, intensifiers and opinion phrases.
- 3. Use your knowledge organisers to revise and practise saying topic specific vocabulary.

Writing and translation

- 1. Use your knowledge organisers to revise and practise writing complex phrases connectives, intensifiers and opinion phrases using the look, cover, write, check method.
- 2. Use your knowledge organisers to revise and practise writing topic specific vocabulary using the look, cover, write, check method.
- 3. Use your knowledge organisers to revise key verbs and grammar points;
 - How to form the present tense with -er, -ir and -re verbs
 - The verbs avoir and être
 - Adjectival agreement
 - Jouer + à family
 - Faire + de family
 - Definite and indefinite articles and possessive adjectives
- 4. Complete any outstanding translation tasks from your knowledge organisers to practise translation into French.

What useful websites/resources could I use to help me prepare?

- 1. Knowledge organisers for units 1, 2 and 3
- 2. Quizlet



Subject Mandarin				
Title/Top	ic	Format	Length	Week Commencing
MEP ASSESS	MENTS			
Hurdles spea assessment	aking	Short presentation about my family and holidays; photo card task; general conversation questions	10 minutes	22 May
Hurdles reading & listening assessment		Multi-choice questions, completed online	45 minutes	22 May
Hurdles writing assessment		3 questions, requiring students to write in Chinese characters about topics they have studied this year	45 minutes	22 May
INTERNAL ASSESSMENTS				
Paper 1 – Real and listening	_	Multi-choice and short answer questions	45 minutes	5 June
Paper 2 – W	riting	One long-answer question	35 minutes	5 June

Hurdles assessments:

Chapters 1, 2 and 3 of Jinbu 1:

- 1. Introducing myself and my family
- 2. Talking about my pets
- 3. Hobbies and sports

In addition, the internal assessments will also examine chapter 4 and the beginning of chapter 5 of *Jinbu 1*:

- 4. School life
- 5. Food



To prepare for this assessment:

- 1. Learn the speaking presentation that you have written about your family and hobbies off by heart and practise presenting it out loud. You may have a prompt card with up to 15 words in pinyin to help you, if you need it. Don't forget to make sure your tones are correct!
- 2. Read through all of the texts in your *Jinbu 1* textbook and re-do the exercises, to check that you can still recognise and understand the vocabulary we have learnt this year.
- 3. Revise how to read, write and say all of the characters that we have learnt this year. Test yourself on the vocabulary, using your Knowledge Organisers, textbook and workbook, then practise any characters you cannot write from memory, using look, cover, write, check.
- 4. Practise writing extended, detailed sentences, using connectives.
- 5. Make sure you are clear about the word order of sentences containing time phrases.

What useful websites/resources could I use to help me prepare?

Jinbu 1 textbook and workbook Knowledge Organisers for chapters 1, 2, 3, 4 & 5



Subject	Spanish			
Title/Topic		Format	Length	Week Commencing
Paper 1 – Speaking		Spoken conversation	5 minutes	19 June
Paper 2 – W into Spanish	riting and translation	Written paper	45 minutes	5 June

Speaking

1. Respond to a range of questions on the topics covered this year;

Unit 1: Introduction to Spanish

Unit 2: Me and my family

Unit 3: My school

Your teacher will prepare a range of speaking questions with you in lessons. You must use your preparation to practise answering questions, giving as much detail as possible in your answers.

Writing and translation into French

- 1. Write four sentences to describe a photo
- 2. Translate verbs accurately into Spanish
- 3. Translate sentences accurately into Spanish
- 4. Write a paragraph in Spanish

The writing and translation tasks will be based on the topics covered so far this year;

Unit 1: Introduction to Spanish

Unit 2: Me and my family

Unit 3: My school



To prepare for this assessment:

Speaking

- 1. Revise the speaking answers you have prepared.
- 2. Use your knowledge organisers to revise and practise saying complex phrases, connectives, intensifiers and opinion phrases.
- 3. Use your knowledge organisers to revise and practise saying topic specific vocabulary.

Writing and translation

- 1. Use your knowledge organisers to revise and practise writing complex phrases connectives, intensifiers and opinion phrases using the look, cover, write, check method.
- 2. Use your knowledge organisers to revise and practise writing topic specific vocabulary using the look, cover, write, check method.
- 3. Use your knowledge organisers to revise key verbs and grammar points;
 - How to form the present tense with -ar, -er and -ir verbs
 - The verbs tener
 - Adjectival agreement
 - Definite and indefinite articles and possessive adjectives
- 4. Complete any outstanding translation tasks from your knowledge organisers to practise translation into Spanish.

What useful websites/resources could I use to help me prepare?

- 1. Knowledge organisers for units 1, 2 and 3
- 2. Quizlet



Subject	Art			
Title/Topic		Format	Length	Week Commencing
Year 7 Sketo	chbook	All project work	On-going in class	N/A

In Art and Design, you are assessed on the work that you produce during each project. This includes research and preparatory work, your final project outcome and your evaluation. This closely follows the way in which students are assessed in this subject at GCSE level. You will not complete a separate assessment piece in this assessment window.

Your teacher will be looking for the following evidence within your work which can be found in your sketchbook:

- Demonstrating critical understanding of artists and designers.
- Refining work by exploring ideas, selecting and experimenting with media, materials, techniques and processes.
- Recording the creative development of your own design ideas and planning final outcome Demonstrating knowledge and understanding of the work and techniques of artists and designers.



To prep	are for	this	assessm	ent:
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- 1. Continue to work hard and apply yourself in Art lessons.
- 2. Ensure that you complete every task to the best of your ability.
- 3. Complete homework tasks to the best of your ability.
- 4. Listen carefully to advice and act on any feedback that you are given.
- 5. Revisit previous work in your workbook to see whether you can now make any improvements to it.

what useful websites/resources could I use to help me preparer				
Your own sketchbook				



Subject	Design and Technology				
Title/Topic		Format	Length	Week Commencing	
Year 7 DT		All project work	On-going in class	N/A	

In Design and technology, you are assessed on the work that you produce during each project. This includes research and preparatory work, your final project outcome/s and your evaluation. This closely follows the way in which students are assessed in this subject at GCSE level. You will not complete a separate assessment piece in this assessment window.

You teacher will be looking for the following evidence within your work:

- Demonstrating critical understanding of the work of others.
- Refining work by exploring ideas, and experimenting with materials, techniques and processes.
- Recording the creative development of your own design ideas and planning final outcomes.
- Communicating design thinking through drawing and annotation.
- Ability to model and prototype design ideas
- Ability to evaluate and modify design ideas
- Production of final outcomes.



To	pre	pare	for	this	assessm	ent:
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- 1. Continue to work hard and apply yourself in DT lessons.
- 2. Ensure that you complete every task to the best of your ability.
- 3. Complete homework tasks to the best of your ability.
- 4. Listen carefully to advice and act on any feedback that you are given.
- 5. Revisit previous work in your workbook to see whether you can now make any improvements to it.

What useful websites/resources could I use to help me prepare?				
Your own workbook/s				



Subject Mu	Music						
Title/Topic	Format	Length	Week Commencing				
Paper 1	Written	40 Minutes	Check Satchel One for the details for your group				
Paper 2	Practical Keyboard Test	10 Minutes	Check Satchel One for the details for your group				

• The Elements of Music - Booklet 1

Tempo, Beat, Rhythm, Pitch, Silence, Timbre, Texture, Dynamics, Articulation, Duration

- Know what a time signature is in music and what it tells us.
- Read and write pitch notation on the stave from low C to high A -Booklet 2
- Know notation by the note name and beat value of each note (ie crotchet =1 beat)
- The Orchestra Booklet 3
 - Name and identify the four sections of the Orchestra and the four families of instruments.
 - Know which instruments produce a high sound and which produce a low sound and why this is.
 - Learn the layout of the Orchestra.
 - Identify instruments by their picture and by their sound and how these instruments are played.

Keyboard test - a short practical test on the keyboard playing a piece by sight after 10 minutes practice time.

Be able to recognise the different **instruments in the orchestra**, by sound *(click on the links)*

Instruments of the Orchestra – Listening test practice https://www.youtube.com/watch?v=gGDh3_l55ug&t=11s

Instruments of the orchestra – instrument demonstration https://www.youtube.com/watch?v=EfedK-dqXWc



To prepare for t	this	assessment:
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- 1. Use your booklets to revise from
- 2. Complete your homework.
- 3. Use the revision guide on satchel.
- 4. Use the games on teaching gadget.
- 5. Use the links above to help your listening skills.

What useful websites/	resources could I use	to help me prepare?

Revision guide on satchel one. Booklets.



Subject Physica	ubject Physical Education					
Title/Topic	Format	Length	Week Commencing			
Theoretical knowledge	Online test on the musculoskeletal system, warming up and cooling down, the effects of exercise.	45 minutes	5 June			
Practical performance	Ongoing assessment of practical activities; core skills and their application in challenging situations.	N/A	Ongoing			

The major bones and joints in the body:

- Head/neck Vertebrae and cranium
- Shoulder Scapula and humerus
- Chest Ribs and sternum
- Elbow Humerus, radius and ulna
- Hip Pelvis and femur
- Knee Femur, tibia and fibula
- Ankle Tibia, fibula and talus

Other bone: patella

The major muscles in the body:

Pectorals, deltoids, rotator cuffs, trapezius, Biceps, triceps, latissimus dorsi, abdominals, Gluteals, hip flexors, Quadriceps, hamstrings, Gastrocnemius, tibialis anterior.

Immediate, short-term and long term effects of exercise.

Warming up and cooling down effectively for sport and physical activity.



To prepare for this assessment:

Use the video clips, work book and knowledge task to commit the musculoskeletal learning to your long-term memory.

- 1 https://youtu.be/HenOVI uO6w
- 2 https://youtu.be/q2IAbiBmkZY
- 3 https://youtu.be/TBvNmQtjQCk
- 4 https://youtu.be/hDHVqayHdV8

Revise from prior knowledge booklets on the effects of exercise and warm ups and cool downs.

What useful websites/resources could I use to help me prepare? Satchel One – Show My Homework